

## THERAPEUTIC RECREATION OPTION APPLICATION

### RECREATION MANAGEMENT & YOUTH LEADERSHIP (Updated 01/10)

Welcome to the TR program! The Therapeutic Recreation (TR) program provides the fundamentals necessary to practice as a therapeutic recreation specialist. The program is designed to provide a foundation in the development, implementation, and evaluation of TR services. To declare a major in RMYL/TR complete this entire form.

Name:	Student ID #:
Current address:	Permanent address:
Current phone: (    )	Permanent phone: (    )
Email:	Advisor:
Date:	Date of projected graduation:

1. Using your ABC report, the Course Plan Worksheet for TR (page 4), and the Sample Course Plan (page 5), develop a course plan. Be sure to complete the prerequisites and follow the required course sequence in your Course Plan.
2. Determine your Academic Advisor assigned by the first letter of your last name.
 

A-E	Keith Barney	273M	P-T	Neil Lundberg	273D
F-J	Mark Widmer	273H	U-Z	Howard Gray	273L
K-O	Ramon Zabriskie	273N			

3. Read and sign the following statement indicating you understand the RMYL 496R internship requirement:
 

*I understand that the RMYL/TR major requires me to complete a 9.0 credit internship after completing all the required coursework. I understand that the full-time, on-site agency supervisor must be currently NCTRC CTRS certified and possesses the CTRS credential for one year prior to supervising interns. I agree to carry health insurance as required by BYU during the 14-16-week, 480-hour experience. I understand that taking any other coursework or working outside the internship experience is prohibited. I agree to complete the Senior Project as part of the internship.*

*Prior to the internship I will provide verification to the RMYL Internship Coordinator of current basic first aid and CPR certification. I will also complete the required series of inoculations to provide protection from Hepatitis B. I understand that students are responsible to ensure eligibility for certification and licensure ( [www.nctrc.org](http://www.nctrc.org) & [www.dopl.utah.gov/licensing/recreation\\_therapy](http://www.dopl.utah.gov/licensing/recreation_therapy)).*

*I have completed the Courseplan Worksheet for Therapeutic Recreation and agree to complete the requirements for the degree in RMYL/TR following the prescribed order and content.*

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
BYU ID Number

4. Meet with your advisor to review and approve your completed course plan worksheet and answer any questions you have regarding the TR program. After you, your Academic Advisor, and the TR Program Coordinator sign the finalized Course Plan worksheet, it will become an official declaration of requirements needed to complete a major in RMYL. Any change to your program must be approved by your Academic Advisor and submitted to the Advisement Center (203 RB) on a form entitled "Request for Modification of Major Requirements for Graduation."
5. Have your Academic Advisor and TR Coordinator ***sign this sheet.***

\_\_\_\_\_  
Advisor's Signature

\_\_\_\_\_  
TR Coordinator Signature

\_\_\_\_\_  
Date

6. Once you have completed and signed this application and received approval from your advisor, place the application in the TR Coordinator's box (Neil Lundberg) for final approval. A copy of the approved Courseplan will be placed in your file.

**RMYL FOUNDATION COURSES**

Dept.	Course	Course Description	Hrs.	Semester/Year	Grade
RMYL	189*	Careers in Recreation ( <b>Prerequisite to 471</b> )	1		
I SYS	100	Computer Spreadsheet Skills 1 (0.5)	.5		
I SYS	101	Computer Presentation Skills 2	.5		
ST DEV	317	Career Transitions	2		
RMYL	304*	Leisure in Contemp Society ( <b>Prereq to 471</b> )	3		
RMYL	307*	Inclusive Recreation ( <b>Prerequisite to 471</b> )	3		
Pmgt	321	Financial Issues (or RMYL 480)	3		
RMYL	320	Program Management	3		
RMYL	486	Legal Aspects	3		
MCOMM	320	Commun in Organiztnl	3		
RMYL	496R	Internship/Senior project	9		
<b>Total RMYL Foundation Hours:</b>			<b>31.0</b>		

\*REQUIRED Prerequisites to RMYL 471

**THERAPETUIC RECREATION COURSES**

Dept.	Course	Course Description	Hrs	Semester/Year	Grade
RMYL	370*	Intro to TR ( <b>Prerequisite to 471</b> )	3		
PDBIO	205 or 305*	Human Biology/Physiology ( <b>Prereq. to 471</b> )	3		
RMYL	471	Assessment in TR ( <b>Prerequisite to 472 and 473</b> )	3		
RMYL	472	Program Dynamics in TR	3		
RMYL	473	Issues in Administration of TR	3		
PSYCH	220	Human Development: Life Span	3		
PSYCH	342	Abnormal Psychology	3		
PDBIO	220	Elementary Human Anatomy	3		
		Elective			
		Elective			

**Total TR Hours: 30      Total program hrs. 61**

Complete a minimum of 6 **ELECTIVE** hours (minimum of 3 hours of 300 or 400 level courses) from:

- RMYL 223R Adaptive TR Skills Or other Outdoor Leaderships Skills course
- RMYL 215 Social Recreation Leadership (3.0)
- RMYL 301 Family Recreation (3.0)
- RMYL 421 Experiential and Outdoor Education (3.0)
- EXSC 461 Physical Education for Special Populations (3.0)
- Or as approved by TR Program Coordinator

**Required Course Sequence**

The following courses **must** be in the order listed below.

First Semester: RMYL 189, 304, 307, 370, and PDBIO 205 or 220

Second Semester: RMYL 471

Third Semester: RMYL 472 and 473

Fourth Semester: RMYL 496 (Internship). All coursework must be completed prior to the 14-16 week, 480 hour, full time (35 hours/week) supervised experience.

## COURSE PLAN WORKSHEET FOR THERAPEUTIC RECREATION

Instructions: Referencing your ABC report, list all remaining GE courses and then list major courses needed for graduation.

Fall Semester	Winter Semester	Spring Term	Summer Term
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### Freshman Year

Total Hours:	Total Hours:	Total Hours:	Total Hours:

### Sophomore Year

Total Hours:	Total Hours:	Total Hours:	Total Hours:

### Junior Year

Total Hours:	Total Hours:	Total Hours:	Total Hours:

### Senior Year

Total Hours:	Total Hours:	Total Hours:	Total Hours:

### Sample Course Plan

This sample course plan is based on a student who has completed all GE courses before entering the major. Note: courses with an “\*” must be taken in the semester sequence shown below.

**Fall Semester Junior Year**

**Winter Semester Junior Year**

RMYL	189*	Careers in Recreation	1		RMYL	471*	Assessment in TR	3
RMYL	304*	Leisure in Contemp. Society	3		RMYL	320	Program Management	3
RMYL	307*	Accessible Recreation	3		PDBIO	220	Elementary Human Anat	3
RMYL	370*	Intro to TR	3		PSYCH	342	Abnormal Psychology	3
PDBIO	205*	Human Biology	3		Pmgt	321	Financial Issues	3
I SYS	100	Computer Spreadsheet Skills 1	.5		I SYS	101	Computer Presentation Skills 2	.5
RMYL	223R	Outdoor Skills, Mountain Bkg	2					

**Fall Semester Senior Year**

**Winter Semester Senior Year**

RMYL	472*	Program Dynamics in TR	3		RMYL*	496R	Internship/Senior project	9
RMYL	473*	Issues in Admin. of TR	3					
RMYL	486	Legal Aspects	3					
RMYL	487	Research and Evaluation	3					
RMYL	301	Family Recreation	3					