



## Counseling and Career Center Career Assessments

The following tests can be useful for students attempting to choose a major and/or career path. However, these tests are **NOT** designed to measure numerical, verbal or mechanical skills, creativity, or aptitude for languages.

Most tests take approximately 35 minutes to complete, some require a fee, and may require an appointment with a counselor to receive test results. All tests are administered in 2590 WSC.

### Testing Hours

Mon, Fri: 8:00 am- 5:00pm

Tue, Wed, Thu: 8:00am- 6:00 pm

(Closed for devotional)

All tests must be completed before closing (see hours above)

### **Discover**

*Cost: none*

*Time to complete: 45 minutes (Internet Based)*

- Comprehensive, internet-based program designed to help with all phases of career research and planning
- Matches interests, abilities, and values to general career areas as well as specific occupations
- Results can be tailored to meet desired level of education
- Program contains information profiles on all career results allowing for easy research
- Contains information on popular majors and associated careers
- Provides help with job preparation and searching (ex. Resumes, interviewing, internships, etc.)
- BYU students can call or email to receive Discover user ID

### **SDS- Self-Directed Search**

*Cost: \$2.00*

*Time to complete: 30 minutes (Self-Scored Packet)*

- Provides broad career areas of interest to narrow research
- Individual is asked to designate like/dislike for different activities and subjects
- Individual is asked to also indicate competence in various activities and subjects
- Generates personal summary code which is then used to identify potential careers

(See reverse for more tests)

## Career Interest Tests

### **CISS-Campbell Interest and Skill Survey**

Cost: \$8.00

Time to complete: 35 minutes (Results Returned in Appointment)

- Measures degree of interest in a variety of occupations and activities
- Measures confidence level in a number of skill areas and compares with reported interests
- Pattern of responses are compared to those of individuals in 58 various occupations, from which a list of suggested occupations is generated
- Interest and confidence in both academic settings and person to person interactions are also assessed

### **SII- Strong Interest Inventory**

Cost: \$8.00

Time to complete: 35 minutes (Results Returned in Appointment)

- Measures enjoyment in various occupations, school subjects, personality types and activities
- Indicates preference between paired activities and identifies personal characteristics
- Response patterns are compared to workers in 122 various occupations
- Provides detailed lists of high-interest careers based on responses
- Results are gender specific

## Personality Tests

### **MBTI- Myers-Briggs Type Indicator (Career Report)**

Cost: \$12.00

Time to complete: 35 minutes (Results Returned in Appointment)

- Career results are generated based on personality profile
- Includes typical career strengths and challenges for personality profile
- Measures approach to, perception of, and typical reactions to information in terms of thoughts and feelings
- Categorizes individuals into one of 16 personality types based on strengths and preferences in four areas:
  - Extraversion vs. Introversion, Sensing vs. Intuition, Thinking vs. Feeling, Judging vs. Perceiving
- Can aid personal relationships, increase productivity, and identify leadership and communication preferences



## The Career Center

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A service of BYU's Counseling and Career Center